



Spray Tanning Check-list

- We recommend showering with a water-based exfoliant just prior to your spray tan session. **It is important to have your skin free of residue from soaps, lotions, make-up, etc.**
- A Hydration Station session and/or a Norvell ExMitt are highly recommended prior to your sunless tan.
- Using Paraben-Free Norvell maintenance products will preserve the life and value of my skin and my sunless tan.
- DO NOT SHOWER prior to 6 hours after your spray tan. When you shower, use a warm water rinse. Using bar soaps or body washes can strip away your sunless spray tan.**
- Your spray tan will continue to develop up to 24 hours. The longer you wait prior to your first shower the better your results will be, both in color and how long your spray tan will last. During this time refrain from swimming, rain, exercise, showering, sweating, massage, manicures & pedicures.

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just off the beach color-every time!